



*The Legal Balance, Inc.  
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*An exclusive online community for women attorneys in Chicago.*

### **Who are We?**

The Legal Balance is an online community catering exclusively to women attorneys to help you deal with a number one stressor in your life: effectively handling your personal and professional priorities! We are full of vital information and resources to relieve this day-to-day stress. Our mission is to provide resources that improve the promotion, retention and leadership of women attorneys in the legal profession and beyond. Our community draws on the collective knowledge of our members to create a powerhouse “brain.”

No matter where you are in your career, The Legal Balance would like to connect you to other women attorneys facing the same work-life balance issues! Let us offer the information, opportunities and resources you are seeking, with a minimal time commitment on your part, thereby increasing your personal and professional satisfaction, efficiency and effectiveness. We work hard to provide a dynamic community that allows you to access to relevant and accurate information, network and share referrals, browse a large database of various service providers, and to increase the critical mass of women attorneys.

### **Why Join?**

- Want to know secrets of the trade? Scroll through powerful women attorneys sharing tips on rainmaking, mentoring and career advancement.
- Make your life easier! Receive weekly digests from the service providers containing information specific to your needs.

- What about when you need a community of information on a certain topic you are debating? Ask those tough, and sometimes delicate, questions in a supportive forum setting. Come to The Legal Balance community and ask each other for guidance and advice.
- One-stop shopping for businesses you need in our resource directory (career advice, maternity policies, flexible work arrangements, part-time proposals, and others).
- Do you have a mentor? Check out our “Leader” section full of outstanding women attorneys. Find the women who rose to the top of the legal profession, and pick their collective brain on how they stay on top of their game.
- Want your embarrassing questions answered? Ask our very own advice columnist—Dear Jane! Do you want to know if it is okay to date a co-worker? Why has no one asked you to take an expert deposition? Work on your success-strategy-career-game-plan and ask our Dear Jane!
- Let the Legal Balance take care of you! We can point you to our hand-picked resources that assist in your quest for balance: personal money managers, personal chefs, dog walkers, nanny services, masseuses, pet and home sitters, concierge services, corporate housing, court reporters, and many more!
- You are a busy woman attorney; you want notice of important events, but not flooding your email box. Easily view The Legal Balance calendar where we point you in the direction of events that will get you in front of business owners--step outside your usual bar association-only holding pattern. You know they are out there, but who has the time to find them on their own?
- Relax, have a cup of coffee, and browse our interesting article database in areas of career, family, childcare, stress, health, beauty, and much more.
- Subscribe to the Balance Brief, our monthly newsletter! Our well-rounded publication includes quick tips, community news, interesting information, relevant articles in the legal profession, inspirational quotes and highlights the success and celebrations of women attorneys in our community.
- Do you desire an expert opinion? Ask our Experts and Contributors! Browse our powerful team of business owners that represent a wide array of professional fields.
- Take advantage of this opportunity to meaningfully participate in a community of your peers, or further an outside professional organization by becoming involved in The Legal Balance community. We welcome your involvement, and look forward to helping you find a balance between work and life commitments.

### **We Want You!**

Our site is for all women attorneys. Whether you are a new lawyer freshly sworn into the bar, a veteran lawyer who has practiced for years, an associate, in house council, government attorney, not for profit lawyer, judge, staff attorney, partner, law student, stay-at-home mom, or an attorney looking to return to the practice, we want to connect you! It is our mission to help you in practice and business development by proving you with leadership opportunities, an extensive community to network with, and a chance to find an influential mentor. The work and life balancing act is not easy, but it is our mission to help find some common ground to walk on.

